

## Notes on Periodic Solutions for a Nonlinear Discrete System Involving the $p$ -Laplacian

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**Abstract.** In this paper, we first improve two inequalities, then by using critical point theory, improve an existence theorem of periodic solutions for a nonlinear discrete system involving the  $p$ -Laplacian, and present some estimates of periodic solutions.

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### 1. Introduction and main results

Let  $\mathbb{R}$  denote the real number,  $\mathbb{Z}$  the integers. Given  $a < b$  in  $\mathbb{Z}$ , let  $\mathbb{Z}[a, b] = \{a, a + 1, \dots, b\}$ . Let  $T > 1$  and  $N$  be fixed positive integers. Consider the following nonlinear discrete system involving the  $p$ -Laplacian

$$(1.1) \quad \Delta[\Phi_p(\Delta x(t-1))] + \nabla F(t, x(t)) = 0, \quad t \in \mathbb{Z},$$

where  $p > 1, q > 1, 1/p + 1/q = 1$ ,  $\Phi_p(u) = |u|^{p-2}u = \left(\sqrt{\sum_{i=1}^N u_i^2}\right)^{p-2} (u_1, u_2, \dots, u_N)^\tau$ ,  $u \in \mathbb{R}^N$ ,  $\cdot^\tau$  stands for the transpose of a vector or a matrix,  $F : \mathbb{Z} \times \mathbb{R}^N \rightarrow \mathbb{R}$ ,  $(t, x) \rightarrow F(t, x)$  is  $T$ -periodic in  $t$  for all  $x \in \mathbb{R}^N$  and continuously differentiable and convex in  $x$  for every  $t \in \mathbb{Z}$ ,  $\nabla F(t, x)$  denotes the gradient of  $F(t, x)$  in  $x$ , and  $\Delta x(t) = x(t+1) - x(t)$ ,  $\Delta^2 x(t) = \Delta(\Delta x(t))$ .

When  $p = 2$ , problem (1.1) becomes the second order discrete nonlinear system. By using the variational methods, some existence results for periodic solutions are obtained, such as [1, 5, 6, 10–12]. When  $p > 1$ , recently, there are also some results, see [2–4, 7, 8]. Especially, in [7], by using the dual least principle, the authors obtained the following result:

**Theorem 1.1.** *Suppose  $F$  satisfies the following conditions:*

(A<sub>1</sub>) *there exists  $\beta : \mathbb{Z} \rightarrow \mathbb{R}^N$  such that for all  $(t, y) \in \mathbb{Z} \times \mathbb{R}^N$ ,*

$$F(t, y) \geq \left(\beta(t), |y|^{\frac{p-2}{2}} y\right) \quad \text{and} \quad \beta(t+T) = \beta(t);$$

(A<sub>2</sub>) there are constants  $\alpha \in (0, T^{-1})$ , and  $\gamma: \mathbb{Z} \rightarrow \mathbb{R}$  such that for all  $(t, y) \in \mathbb{Z} \times \mathbb{R}^N$ ,

$$F(t, y) \leq \frac{\alpha^p}{p} |y|^p + \gamma(t) \quad \text{and} \quad \gamma(t + T) = \gamma(t);$$

(A<sub>3</sub>)  $\sum_{t=1}^T F(t, y) \rightarrow +\infty$ , as  $|y| \rightarrow \infty$ ,  $y \in \mathbb{R}^N$ .

Then, system (1.1) has at least one  $T$ -periodic solution.

In our paper, we improve two discrete inequalities in [7, 8]. Furthermore, we improve the condition (A<sub>2</sub>) and also obtain some estimates of periodic solution for system (1.1).

**2. Preliminaries**

In the following, we use  $|\cdot|$  to denote the Euclidean norm in  $\mathbb{R}^N$ . Let

$$S = \{u = (u_1, u_2)^\tau = \{u(t)\} | u(t) = (u_1(t), u_2(t))^\tau \in \mathbb{R}^{2N}, \\ u_i = \{u_i(t)\}, u_i(t) \in \mathbb{R}^N, i = 1, 2, t \in \mathbb{Z}\}.$$

$E$  is defined as a subspace of  $S$  by

$$E = \{u = \{u(t)\} \in S | u(t + T) = u(t), t \in \mathbb{Z}\}.$$

For  $u = (u_1, u_2)^\tau \in E$ , set

$$\|u_i\|_r = \left( \sum_{t=1}^T |u_i(t)|^r \right)^{1/r},$$

where  $i = 1, 2, r > 1$ . Then  $E$  can be equipped with the norm as follows:

$$\|u\| = \|u_1\|_p + \|u_2\|_q$$

for  $u = (u_1, u_2)^\tau \in E$ . It is obvious that  $E$  is a reflexive Banach space with dimension  $2NT$ , which can be identified with  $\mathbb{R}^{2NT}$ . Let

$$W = \left\{ u = (u_1, u_2)^\tau \in E | u_i(1) = u_i(2) = \dots = u_i(T) = \frac{1}{T} \sum_{t=1}^T u_i(t), i = 1, 2 \right\}$$

and

$$Y = \left\{ u = (u_1, u_2)^\tau \in E | \sum_{t=1}^T u_i(t) = 0, i = 1, 2 \right\}.$$

Then  $E$  can be decomposed into the direct sum  $E = Y \oplus W$ . So, for any  $u \in E$ ,  $u$  can be expressed in the form  $u = \tilde{u} + \bar{u}$ , where  $\tilde{u} = (\tilde{u}_1, \tilde{u}_2)^\tau \in Y$  and  $\bar{u} = (\bar{u}_1, \bar{u}_2)^\tau \in W$ . Obviously,  $u_i = \tilde{u}_i + \bar{u}_i, i = 1, 2$ .

For  $u = (u_1, u_2)^\tau \in Y$ , let

$$\|\Delta u_i\|_r = \left( \sum_{t=1}^T |\Delta u_i(t)|^r \right)^{1/r},$$

where  $i = 1, 2, r > 1$ . It is easy to verify that

$$\|\Delta u\| = \|\Delta u_1\|_q + \|\Delta u_2\|_p$$

is also a norm on  $Y$ . Since  $Y$  is finite-dimensional, the norm  $\|\Delta u\|$  is equivalent to the norm  $\|u\|$  in  $E$  if  $u \in Y$ .

$\Gamma_0(\mathbb{R}^N)$  denotes the set of all convex lower semi-continuous(l.s.c.) functions  $F: \mathbb{R}^N \rightarrow (-\infty, +\infty]$  whose effective domain  $D(F) = \{u \in \mathbb{R}^N : F(u) < +\infty\}$  is nonempty. Let  $H: \mathbb{Z} \times$

$\mathbb{R}^{2N} \rightarrow \mathbb{R}$ ,  $(t, u) \rightarrow H(t, u)$  be a smooth Hamiltonian such that for each  $t \in \mathbb{Z}[1, T]$ ,  $H(t, \cdot) \in \Gamma_0(\mathbb{R}^{2N})$  is strictly convex and  $H(t, u)/|u| \rightarrow +\infty$ , if  $|u| \rightarrow \infty$ . The Fenchel transform  $H^*(t, \cdot)$  of  $H(t, \cdot)$  is defined by

$$(2.1) \quad H^*(t, v) = \sup_{u \in \mathbb{R}^{2N}} \{(v, u) - H(t, u)\}$$

or

$$(2.2) \quad \begin{cases} H^*(t, v) = (v, u) - H(t, u), \\ v = \nabla H(t, u), \quad \text{or} \quad u = \nabla H^*(t, v). \end{cases}$$

If for  $u = (u_1, u_2)$ ,  $u_1, u_2 \in \mathbb{R}^N$ ,  $H(t, u)$  can be split into parts  $H(t, u) = H_1(t, u_1) + H_2(t, u_2)$ , then by (2.2),  $H^*(t, v) = H_1^*(t, v_1) + H_2^*(t, v_2)$ ,  $v = (v_1, v_2)$ ,  $v_1, v_2 \in \mathbb{R}^N$ . We denote by  $J$  the symplectic matrix. Then  $J^2 = -I$  and  $(Ju, v) = -(u, Jv)$  for all  $u, v \in \mathbb{R}^{2N}$ . It is clear that  $(J\dot{v}, v) = (\dot{v}_2, v_1) - (\dot{v}_1, v_2)$ , where  $v = (v_1, v_2)^\tau \in \mathbb{R}^N \times \mathbb{R}^N$ ,  $i = 1, 2$ .

Let  $u_1(t) = x(t)$ ,  $u_2(t) = \alpha^{-1}\Phi_p(\Delta u_1(t-1))$ ,  $t \in \mathbb{Z}$ . Then problem (1.1) is equivalent to the non-autonomous system

$$(2.3) \quad \begin{cases} \Delta u_2(t) + \alpha^{-1}\nabla F(t, u_1(t)) = 0, & t \in \mathbb{Z}, \\ -\Delta u_1(t-1) + \alpha^{q-1}\Phi_q(u_2(t)) = 0, \end{cases}$$

that is

$$(2.4) \quad J\Delta u(t) + \nabla H(t, Lu(t)) = 0, \quad t \in \mathbb{Z},$$

where  $Lu(t) = (u_1(t), u_2(t+1))^\tau$ ,  $L^{-1}u(t) = (u_1(t), u_2(t-1))^\tau$ ,  $u = (u_1, u_2)^\tau$ ,  $H(t, u) = H_1(t, u_1) + H_2(t, u_2)$  and

$$H_1(t, u_1) = \frac{1}{\alpha}F(t, u_1), \quad H_2(t, u_2) = \frac{\alpha^{q-1}}{q}|u_2|^q.$$

The dual action is defined on  $E$  by

$$I(v) = \frac{1}{2} \sum_{t=1}^T (L(J\Delta v(t-1)), v(t)) + \sum_{t=1}^T [H_1^*(t, \Delta v_1(t)) + H_2^*(t, \Delta v_2(t))],$$

where  $v = (v_1, v_2)^\tau \in E$ . Since  $I(v) = I(\tilde{v} + \bar{v}) = I(\tilde{v})$  for  $v = \tilde{v} + \bar{v} \in E$ , in order to find the  $T$ -periodic solution of (1.1), it suffices to find the critical point of  $I$  on subspace  $Y$  of  $E$ . The above knowledge and statement come from [7, 9, 12].

**Lemma 2.1.** *Let  $u = (u_1, u_2) \in Y$ . Then*

$$(2.5) \quad \max_{t \in \mathbb{Z}[1, T]} |u_i(t)| \leq \min \left\{ \frac{(T-1)^{(p+1)/p}}{T}, \left( \frac{(T+1)^{p+1} - 2}{T^p(p+1)} \right)^{1/p} \right\} \left( \sum_{s=1}^T |\Delta u_i(s)|^q \right)^{1/q}, \quad i = 1, 2,$$

$$(2.6) \quad \max_{t \in \mathbb{Z}[1, T]} |u_i(t)| \leq \min \left\{ \frac{(T-1)^{(q+1)/q}}{T}, \left( \frac{(T+1)^{q+1} - 2}{T^q(q+1)} \right)^{1/q} \right\} \left( \sum_{s=1}^T |\Delta u_i(s)|^p \right)^{1/p}, \quad i = 1, 2,$$

and

$$(2.7) \quad \sum_{t=1}^T |u_i(t)|^q \leq \min \left\{ \frac{(T-1)^{2q-1}}{T^{q-1}}, \frac{T^{q-1}\Theta(p, q)}{(p+1)^{q/p}} \right\} \sum_{s=1}^T |\Delta u_i(s)|^q, \quad i = 1, 2,$$

$$(2.8) \quad \sum_{i=1}^T |u_i(t)|^p \leq \min \left\{ \frac{(T-1)^{2p-1}}{T^{p-1}}, \frac{T^{p-1}\Theta(q,p)}{(q+1)^{p/q}} \right\} \sum_{s=1}^T |\Delta u_i(s)|^p, \quad i = 1, 2,$$

where

$$\begin{aligned} \Theta(p,q) &= \sum_{t=1}^T \left[ \left(\frac{t}{T}\right)^{p+1} + \left(1 - \frac{t}{T} + \frac{1}{T}\right)^{p+1} - \frac{2}{T^{p+1}} \right]^{q/p}, \\ \Theta(q,p) &= \sum_{t=1}^T \left[ \left(\frac{t}{T}\right)^{q+1} + \left(1 - \frac{t}{T} + \frac{1}{T}\right)^{q+1} - \frac{2}{T^{q+1}} \right]^{p/q}. \end{aligned}$$

*Proof.* Fix  $t \in \mathbb{Z}[1, T]$ . For every  $\tau \in \mathbb{Z}[1, t-1]$ , we have

$$(2.9) \quad u_1(t) = u_1(\tau) + \sum_{s=\tau}^{t-1} \Delta u_1(s)$$

and for every  $\tau \in \mathbb{Z}[t, T]$ ,

$$(2.10) \quad u_1(t) = u_1(\tau) - \sum_{s=t}^{\tau-1} \Delta u_1(s).$$

Summing (2.9) over  $\mathbb{Z}[1, t-1]$  and (2.10) over  $\mathbb{Z}[t, T]$ , we have

$$(2.11) \quad (t-1)u_1(t) = \sum_{\tau=1}^{t-1} u_1(\tau) + \sum_{\tau=1}^{t-1} \sum_{s=\tau}^{t-1} \Delta u_1(s) = \sum_{\tau=1}^{t-1} u_1(\tau) + \sum_{s=1}^{t-1} s\Delta u_1(s)$$

and

$$(2.12) \quad (T-t+1)u_1(t) = \sum_{\tau=t}^T u_1(\tau) - \sum_{\tau=t}^T \sum_{s=t}^{\tau-1} \Delta u_1(s) = \sum_{\tau=t}^T u_1(\tau) - \sum_{s=t}^{T-1} (T-s)\Delta u_1(s).$$

Set

$$\phi(s) = \begin{cases} s, & 1 \leq s \leq t-1, \\ T-s, & t \leq s \leq T. \end{cases}$$

Since  $\sum_{\tau=1}^T u_1(\tau) = 0$ , combining (2.11) with (2.12) and using the Hölder inequality, we obtain

$$\begin{aligned} T|u_1(t)| &= \left| \sum_{s=1}^{t-1} s\Delta u_1(s) - \sum_{s=t}^{T-1} (T-s)\Delta u_1(s) \right| \leq \sum_{s=1}^{t-1} s|\Delta u_1(s)| + \sum_{s=t}^{T-1} (T-s)|\Delta u_1(s)| \\ &= \sum_{s=1}^{t-1} \phi(s)|\Delta u_1(s)| + \sum_{s=t}^T \phi(s)|\Delta u_1(s)| \leq \left( \sum_{s=1}^T [\phi(s)]^p \right)^{1/p} \left( \sum_{s=1}^T |\Delta u_1(s)|^q \right)^{1/q} \\ (2.13) \quad &= \left( \sum_{s=1}^{t-1} s^p + \sum_{s=t}^{T-1} (T-s)^p \right)^{1/p} \left( \sum_{s=1}^T |\Delta u_1(s)|^q \right)^{1/q}. \end{aligned}$$

Since

$$(2.14) \quad \sum_{s=1}^{t-1} s^p < \frac{t^{p+1}-1}{p+1}, \quad \sum_{s=t}^{T-1} (T-s)^p = \sum_{k=1}^{T-t} k^p < \frac{(T-t+1)^{p+1}-1}{p+1},$$

and

$$(2.15) \quad \sum_{s=1}^{t-1} s^p + \sum_{s=t}^{T-1} (T-s)^p \leq \sum_{s=1}^{T-1} (T-1)^p = (T-1)^{p+1},$$

it follows from (2.13) that (2.5) with  $i = 1$  holds. On the other hand, from (2.13), (2.14) and (2.15), we have

$$\begin{aligned} & T^q \sum_{t=1}^T |u_1(t)|^q \\ & \leq \left( \sum_{s=1}^T |\Delta u_1(s)|^q \right) \sum_{t=1}^T \left( \sum_{s=1}^{t-1} s^p + \sum_{s=t}^{T-1} (T-s)^p \right)^{q/p} \\ & \leq \left( \sum_{s=1}^T |\Delta u_1(s)|^q \right) \min \left\{ \sum_{t=1}^T \left( \frac{t^{p+1}-1}{p+1} + \frac{(T-t+1)^{p+1}-1}{p+1} \right)^{q/p}, T(T-1)^{2q-1} \right\} \\ & = \left( \sum_{s=1}^T |\Delta u_1(s)|^q \right) \\ & \quad \cdot \min \left\{ \frac{T^{2q-1}}{(p+1)^{q/p}} \sum_{t=1}^T \left[ \left( \frac{t}{T} \right)^{p+1} + \left( 1 - \frac{t}{T} + \frac{1}{T} \right)^{p+1} - \frac{2}{T^{p+1}} \right]^{q/p}, T(T-1)^{2q-1} \right\} \\ & = \min \left\{ \frac{T^{2q-1} \Theta(p, q)}{(p+1)^{q/p}}, T(T-1)^{2q-1} \right\} \left( \sum_{s=1}^T |\Delta u_1(s)|^q \right). \end{aligned}$$

It follows that (2.7) with  $i = 1$  holds. Similarly, we can prove other inequalities also hold. Thus the proof is complete. ■

**Remark 2.1.** Since

$$\min \left\{ \frac{(T-1)^{(p+1)/p}}{T}, \left( \frac{(T+1)^{p+1}-2}{T^p(p+1)} \right)^{1/p} \right\} \leq \frac{(T-1)^{(p+1)/p}}{T} < \frac{T^{(p+1)/p}}{T} = T^{1/p}$$

and

$$\min \left\{ \frac{(T-1)^{(q+1)/q}}{T}, \left( \frac{(T+1)^{q+1}-2}{T^q(q+1)} \right)^{1/q} \right\} \leq \frac{(T-1)^{(q+1)/q}}{T} < \frac{T^{(q+1)/q}}{T} = T^{1/q},$$

(2.5) and (2.6) improve (2.8) and (2.9) in [7] which shows that for  $u = (u_1, u_2) \in Y$  and  $t \in \mathbb{Z}[1, T]$ ,

$$|u_i(t)| \leq T^{1/p} \|\Delta u_i\|_{L^q}, \quad |u_i(t)| \leq T^{1/q} \|\Delta u_i\|_{L^p}, \quad i = 1, 2,$$

respectively. Moreover, Lemma 2.1 also improves [8, Lemma 2.2].

**Lemma 2.2.** For every  $u = (u_1, u_2)^\tau \in E$ ,

$$\sum_{t=1}^T (L(J\Delta u(t-1)), u(t)) \geq -\frac{C}{q} \|\Delta u_1\|_q^q - \frac{C}{p} \|\Delta u_2\|_p^p$$

and

$$(2.16) \quad \sum_{t=1}^T (L^{-1}(J\Delta u(t)), u(t)) \geq -\frac{C}{p} \|\Delta u_1\|_p^p - \frac{C}{q} \|\Delta u_2\|_q^q,$$

where

$$C = C(p, q) + C(q, p), \quad C^q(p, q) = \min \left\{ \frac{(T-1)^{2q-1}}{T^{q-1}}, \frac{T^{q-1}\Theta(p, q)}{(p+1)^{q/p}} \right\},$$

and

$$C^p(q, p) = \min \left\{ \frac{(T-1)^{2p-1}}{T^{p-1}}, \frac{T^{p-1}\Theta(q, p)}{(q+1)^{p/q}} \right\}.$$

*Proof.* For  $u = (u_1, u_2) \in E$ , we write  $u_i = \tilde{u}_i + \bar{u}_i$ , where  $\bar{u}_i = 1/T \sum_{t=1}^T u_i(t)$ ,  $i = 1, 2$ . Since  $\sum_{t=1}^T \bar{u}_i(t) = 0$  and  $\Delta u_i(t) = \Delta \tilde{u}_i(t)$ ,  $i = 1, 2$ , then by (2.7), (2.8), Hölder’s inequality and Young’s inequality, we have

$$\begin{aligned} \sum_{t=1}^T (L(J\Delta u(t-1)), u(t)) &= \sum_{t=1}^T [(\Delta u_2(t-1), u_1(t)) - (\Delta u_1(t), u_2(t))] \\ &= \sum_{t=1}^T [(\Delta \tilde{u}_2(t-1), \tilde{u}_1(t)) - (\Delta \tilde{u}_1(t), \tilde{u}_2(t))] \\ &\geq -C(p, q) \|\Delta \tilde{u}_2\|_p \|\Delta \tilde{u}_1\|_q - C(q, p) \|\Delta \tilde{u}_2\|_p \|\Delta \tilde{u}_1\|_q \\ &= -C \|\Delta u_2\|_p \|\Delta u_1\|_q \geq -\frac{C}{q} \|\Delta u_1\|_q^q - \frac{C}{p} \|\Delta u_2\|_p^p. \end{aligned}$$

Similarly to the above process, (2.16) also holds for  $u = (u_1, u_2) \in E$ . ■

**Remark 2.2.** Note that

$$(2.17) \quad C = C(p, q) + C(q, p) \leq \left( \frac{(T-1)^{2q-1}}{T^{q-1}} \right)^{1/q} + \left( \frac{(T-1)^{2p-1}}{T^{p-1}} \right)^{1/p} < 2T.$$

So our Lemma 2.2 improves [7, Lemma 2.3].

**Lemma 2.3.** [9, Proposition 1.4] *Let  $G \in C^1(\mathbb{R}^N, \mathbb{R})$  be a convex function. Then, for all  $x, y \in \mathbb{R}^N$ , we have*

$$G(x) \geq G(y) + (\nabla G(y), x - y).$$

### 3. Main results and proofs

**Theorem 3.1.** *Suppose  $F$  satisfies  $(A_1)$ ,  $(A_3)$  and the following conditions:*

$(A_2)'$  *there are constants  $\alpha \in (0, 2/C)$ , and  $\gamma: \mathbb{Z} \rightarrow \mathbb{R}$  such that for all  $(t, y) \in \mathbb{Z} \times \mathbb{R}^N$ ,*

$$F(t, y) \leq \frac{\alpha^p}{p} |y|^p + \gamma(t) \quad \text{and} \quad \gamma(t+T) = \gamma(t).$$

*Then, system (2.3) has at least one solution  $u \in E$  such that*

$$v(t) = \begin{pmatrix} v_1(t) \\ v_2(t) \end{pmatrix} = -J \left[ u(t) - \frac{1}{T} \sum_{s=1}^T u(s) \right] = \begin{pmatrix} -u_2(t) + \frac{1}{T} \sum_{s=1}^T u_2(s) \\ u_1(t) - \frac{1}{T} \sum_{s=1}^T u_1(s) \end{pmatrix}$$

*minimizes the dual action  $I$ , that is to say, system (1.1) has at least one solution  $x = u_1$ .*

*Proof.* The proof is the same as in [7]. We only need to replace [7, Lemma 2.3] with our Lemma 2.2 in the proof. In order to make the paper self-contained, we present a brief outline of the proof. More details can be seen in [7].

**Step 1.** We consider the existence of one  $T$ -periodic solution for a perturbed problem. Note that  $\alpha < 2/C$ . So there exists  $\varepsilon_0 > 0$  such that for any  $\varepsilon \in (0, \varepsilon_0)$ ,

$$\alpha(1 + \varepsilon)^{p-1} < 2/C, \quad \alpha(1 + \varepsilon)^{q-1} < 2/C.$$

Consider the following perturbed problem:

$$(3.1) \quad \begin{cases} \Delta u_2(t) + \varepsilon \alpha^{p-1} \phi_p(u_1(t)) + \nabla H_1(t, u_1(t)) = 0, & t \in \mathbb{Z}, \\ -\Delta u_1(t-1) + \varepsilon \alpha^{q-1} \phi_q(u_2(t)) + \nabla H_2(t, u_2(t)) = 0, \\ u_1(t+T) = u_1(t), \quad u_2(t+T) = u_2(t). \end{cases}$$

In order to obtain the solution of the perturbed problem, consider the following perturbed dual action functional

$$I_\varepsilon(v) = \frac{1}{2} \sum_{t=1}^T (L(J\Delta v(t-1)), v(t)) + \sum_{t=1}^T H_\varepsilon^*(t, \Delta v(t)),$$

where

$$H_\varepsilon(t, \Delta v) = \varepsilon \alpha^{p-1} \frac{|u_1|^p}{p} + H_1(t, u_1) + \varepsilon \alpha^{q-1} \frac{|u_2|^q}{q} + H_2(t, u_2).$$

By (A1), (A2)', [7, Lemma 2.1] and Lemma 2.2, one can obtain that

$$(3.2) \quad \begin{aligned} I_\varepsilon(v) \geq & -\frac{C}{2q} \|\Delta v_1\|_q^q - \frac{C}{2p} \|\Delta v_2\|_p^p + \frac{(1 + \varepsilon)^{-(q-1)} \alpha^{-1}}{q} \|\Delta v_1\|_q^q \\ & + \frac{(1 + \varepsilon)^{-(p-1)} \alpha^{-1}}{p} \|\Delta v_2\|_p^p - \frac{1}{\alpha} \sum_{t=1}^T \gamma(t). \end{aligned}$$

Since  $(1 + \varepsilon)^{-(q-1)} \alpha^{-1} > C/2$  and  $(1 + \varepsilon)^{-(p-1)} \alpha^{-1} > C/2$ ,  $I_\varepsilon$  is bounded from below and coercive in subspace  $Y$ . By [7, Lemma 2.2], we know that  $I_\varepsilon$  is continuously differentiable in  $Y$ . Then by [9, Theorem 1.1],  $I_\varepsilon$  attains its minimum at some point  $v_\varepsilon \in Y$ . Then by [7, Lemma 2.2],

$$u_\varepsilon(t) = L^{-1}(\nabla H_\varepsilon^*(t, \Delta v_\varepsilon(t))), \quad u_\varepsilon = (u_{1\varepsilon}, u_{2\varepsilon})^\tau, \quad v_\varepsilon = (v_{1\varepsilon}, v_{2\varepsilon})^\tau$$

is a solution of the perturbed problem (3.1).

**Step 2.** We prove that  $u_\varepsilon$  is bounded in  $E$ . By (A3), we can get a  $y_0 \in E$  such that  $\sum_{t=1}^T y_0(t) = 0$ . Then

$$I_\varepsilon(v_\varepsilon) \leq I_\varepsilon(y_0) \leq \frac{1}{2} \sum_{t=1}^T (L(J\Delta y_0(t-1)), y_0(t)) + \sum_{t=1}^T H^*(t, \Delta y_0(t)) < +\infty.$$

Note that  $\Delta u_\varepsilon(t) = J\Delta v_\varepsilon(t)$ . So (3.2), (2.7) and (2.8) imply that there exists a constant  $K_1$  such that

$$(3.3) \quad \|\tilde{u}_{1\varepsilon}\|_p \leq K_1 \quad \text{and} \quad \|\tilde{u}_{2\varepsilon}\|_q \leq K_1.$$

By virtue of the convexity of  $H_i(t, \cdot) (i = 1, 2)$ , (3.3), (A2)' and (A3), we can obtain that there exists a constant  $K_2$  such that

$$|\bar{u}_{1\varepsilon}| \leq K_2 \quad \text{and} \quad |\bar{u}_{2\varepsilon}| \leq K_2.$$

So

$$\|u_\varepsilon\| = \|u_{1\varepsilon}\|_p + \|u_{2\varepsilon}\|_q \leq \|\tilde{u}_{1\varepsilon}\|_p + |\bar{u}_{1\varepsilon}|_p + \|\tilde{u}_{2\varepsilon}\|_q + |\bar{u}_{2\varepsilon}|_q \leq 2K_1 + K_2(T^{1/p} + T^{1/q}),$$

which shows that  $u_\varepsilon$  is bounded in  $E$ .

**Step 3.** We prove the existence of a  $T$ -periodic solution for system (1.1). Note that  $u_\varepsilon$  is bounded in  $E$  and  $E$  is dimensional. Then there exists a sequence  $\{\varepsilon_n\} \subset (0, \varepsilon_0)$  and some point  $u = (u_1, u_2)^\tau \in E$  such that

$$\varepsilon_n \rightarrow 0, \quad u_{\varepsilon_n} \rightarrow u \quad \text{as } n \rightarrow \infty.$$

Let  $n \rightarrow \infty$  in (3.1). Then it is easy to obtain that  $u_1$  is a  $T$ -periodic solution of system (1.1). Moreover, since  $\Delta v_{\varepsilon_n}(t) = -J\Delta u_{\varepsilon_n}(t)$ , we have  $v_{\varepsilon_n}(t) = -J(u_{\varepsilon_n}(t) - \bar{u}_{\varepsilon_n})$ . Let  $n \rightarrow \infty$ . Then

$$(3.4) \quad v_{\varepsilon_n}(t) \rightarrow -J(u(t) - \bar{u}) := v(t).$$

**Step 4.** We prove that  $v = (v_1, v_2)^\tau \in E$  minimizes the dual action  $I$ . Since  $\Delta v_{\varepsilon_n}(t) = \nabla H_{\varepsilon_n}(t, Lu_{\varepsilon_n}(t))$ ,

$$\Delta v_{1\varepsilon_n}(t) = \nabla H_{1\varepsilon_n}(t, u_{1\varepsilon_n}(t)), \quad \Delta v_{2\varepsilon_n}(t-1) = \nabla H_{2\varepsilon_n}(t, u_{2\varepsilon_n}(t)).$$

Let  $n \rightarrow \infty$ . Then (3.4) and (2.4) imply that

$$(3.5) \quad \Delta v_1(t) = \nabla H_1(t, u_1(t)), \quad \Delta v_2(t-1) = \nabla H_2(t, u_2(t)).$$

As  $H_\varepsilon^*(t, v) \leq H^*(t, v)$ , we obtain that

$$I_{\varepsilon_n}(v_{\varepsilon_n}) \leq I_{\varepsilon_n}(h) \leq I(h).$$

for all  $h \in E$ . Let  $n \rightarrow \infty$ . By (3.5) and [7, Lemma 2.1], we can get  $I(v) \leq I(h)$  for all  $h \in E$ . Thus the proof is complete. ■

**Remark 3.1.** By (2.17), it is easy to obtain that  $2/C > 2/(2T) = 1/T$ . So Theorem 3.1 improves Theorem 1.1 since the range of  $\alpha$  is larger.

Next, we consider the estimate of solutions for system (1.1).

**Theorem 3.2.** Assume that there exists  $\alpha \in (0, C^{-1})$ ,  $\beta, \gamma \in [0, +\infty)$ ,  $\delta \in (0, +\infty)$  such that

$$(3.6) \quad \delta|y|^{p/2} - \beta \leq F(t, y) \leq \frac{\alpha^p}{p}|y|^p + \gamma,$$

for all  $t \in \mathbb{Z}$  and  $y \in \mathbb{R}^N$ . Then each solution  $x = u_1$  of system (1.1) satisfies

$$(3.7) \quad \sum_{t=1}^T |x(t)|^{p/2} \leq \frac{(\gamma + \beta)T}{\delta} + \frac{\alpha^q C(q, p) B^{1/p} D^{1/q}}{\delta},$$

$$(3.8) \quad \|\Delta x\|_p^p \leq \frac{pT(\gamma + \beta)}{1 - C\alpha},$$

where

$$B = \frac{pT(\gamma + \beta)}{\alpha^q - C\alpha^{q+1}}, \quad D = \frac{qT(\gamma + \beta)}{\alpha^{1-q/p} - C\alpha}.$$

*Proof.* By (3.6), for all  $u = (u_1, u_2) \in \mathbb{R}^N \times \mathbb{R}^N$ , we have

$$(3.9) \quad \begin{aligned} \frac{\delta}{\alpha}|u_1|^{p/2} - \frac{\beta}{\alpha} + \frac{\alpha^{q-1}}{q}|u_2|^q &\leq H(t, u) = \frac{1}{\alpha}F(t, u_1) + \frac{\alpha^{q-1}}{q}|u_2|^q \\ &\leq \frac{\alpha^{p-1}}{p}|u_1|^p + \frac{\gamma}{\alpha} + \frac{\alpha^{q-1}}{q}|u_2|^q. \end{aligned}$$

Then, we have

$$(u, v) - H(t, u) \geq (u, v) - \frac{\alpha^{p-1}}{p}|u_1|^p - \frac{\gamma}{\alpha} - \frac{\alpha^{q-1}}{q}|u_2|^q, \quad \forall u \in \mathbb{R}^N \times \mathbb{R}^N.$$



Since

$$\begin{aligned} & (u, v) - \frac{\alpha^{p-1}}{p} |u_1|^p - \frac{\gamma}{\alpha} - \frac{\alpha^{q-1}}{q} |u_2|^q \\ &= (u_1, v_1) + (u_2, v_2) - \frac{\alpha^{p-1}}{p} |u_1|^p - \frac{\gamma}{\alpha} - \frac{\alpha^{q-1}}{q} |u_2|^q \\ &\leq |u_1| |v_1| - \frac{\alpha^{p-1}}{p} |u_1|^p - \frac{\gamma}{\alpha} + |u_2| |v_2| - \frac{\alpha^{q-1}}{q} |u_2|^q \\ &\leq \sup_{u_1 \in \mathbb{R}^N} \left\{ |u_1| |v_1| - \frac{\alpha^{p-1}}{p} |u_1|^p - \frac{\gamma}{\alpha} \right\} + \sup_{u_2 \in \mathbb{R}^N} \left\{ |u_2| |v_2| - \frac{\alpha^{q-1}}{q} |u_2|^q \right\} \\ &= \frac{|v_1|^q}{q\alpha} - \frac{\gamma}{\alpha} + \frac{1}{p\alpha} |v_2|^p, \quad \forall u \in \mathbb{R}^N \times \mathbb{R}^N. \end{aligned}$$

Hence, by (2.1), we have

$$H^*(t, v) \geq \frac{|v_1|^q}{q\alpha} - \frac{\gamma}{\alpha} + \frac{1}{p\alpha} |v_2|^p.$$

When  $v = \nabla H(t, u)$ , by (2.2) and (3.9), we get

$$H^*(t, v) = (u, v) - H(t, u) \leq (u, v) + \frac{\beta}{\alpha}.$$

Then

$$(3.10) \quad \frac{|v_1|^q}{q\alpha} - \frac{\gamma}{\alpha} + \frac{1}{p\alpha} |v_2|^p \leq (u, v) + \frac{\beta}{\alpha}.$$

Note that

$$v = \nabla H(t, u) = \begin{pmatrix} \nabla H_1(t, u_1) \\ \nabla H_2(t, u_2) \end{pmatrix} = \begin{pmatrix} \frac{1}{\alpha} \nabla F(t, u_1) \\ \alpha^{q-1} |u_2|^{q-2} u_2 \end{pmatrix}.$$

Then by (2.2) and (3.10), we have

$$\frac{\left| \frac{1}{\alpha} \nabla F(t, u_1) \right|^q}{q\alpha} - \frac{\gamma}{\alpha} + \frac{1}{p\alpha} \left| \alpha^{q-1} |u_2|^{q-2} u_2 \right|^p \leq (u, \nabla H(t, u)) + \frac{\beta}{\alpha},$$

that is

$$\frac{\alpha^{-(1+q)}}{q} |\nabla F(t, u_1)|^q - \frac{\gamma}{\alpha} + \frac{\alpha^{q-1}}{p} |u_2|^q \leq (u, \nabla H(t, u)) + \frac{\beta}{\alpha}.$$

For each solution  $u \in E$  of system (1.1), by (2.3) and (2.4), we know

$$\nabla F(t, u_1(t)) = -\alpha \Delta u_2(t)$$

and

$$L \nabla H(t, u(t)) = \nabla H(t, Lu(t)) = -J \Delta u(t).$$

Hence

$$\frac{1}{q\alpha} |\Delta u_2(t)|^q - \frac{\gamma}{\alpha} + \frac{\alpha^{q-1}}{p} |u_2(t)|^q \leq (u(t), -L^{-1}(J \Delta u(t))) + \frac{\beta}{\alpha}.$$

Summing the above inequality over  $\mathbb{Z}[1, T]$  and using Lemma 2.2 and (2.3), we obtain

$$\frac{1}{q\alpha} \|\Delta u_2\|_q^q - \frac{\gamma T}{\alpha} + \frac{\alpha^{q-1}}{p} \|u_2\|_q^q$$

$$\begin{aligned} &\leq -\sum_{t=1}^T (u(t), L^{-1}(J\Delta u(t))) + \frac{\beta T}{\alpha} \leq \frac{C}{q} \|\Delta u_2\|_q^q + \frac{C}{p} \|\Delta u_1\|_p^p + \frac{\beta T}{\alpha} \\ &= \frac{C}{q} \|\Delta u_2\|_q^q + \frac{C\alpha^q}{p} \|\Phi_q(u_2)\|_p^p + \frac{\beta T}{\alpha} = \frac{C}{q} \|\Delta u_2\|_q^q + \frac{C\alpha^q}{p} \|u_2\|_q^q + \frac{\beta T}{\alpha}. \end{aligned}$$

So

$$\left(\frac{1}{q\alpha} - \frac{C}{q}\right) \|\Delta u_2\|_q^q + \left(\frac{\alpha^{q-1}}{p} - \frac{C\alpha^q}{p}\right) \|u_2\|_q^q \leq \frac{T(\beta + \gamma)}{\alpha}.$$

Since  $\alpha \in (0, C^{-1})$ , we have

$$(3.11) \quad \|u_2\|_q^q \leq \frac{pT(\gamma + \beta)}{\alpha^q - C\alpha^{q+1}} = B, \quad \|\Delta u_2\|_q^q \leq \frac{qT(\gamma + \beta)}{1 - C\alpha} = D.$$

Hence,

$$(3.12) \quad \|\Delta u_1\|_p^p = \alpha^q \|\Phi_q(u_2)\|_p^p = \alpha^q \|u_2\|_q^q \leq B\alpha^q.$$

It follows that (3.8) holds. Since  $F$  is continuously differentiable and convex in  $x$ , then by Lemma 2.3, (3.6), (2.3), Lemma 2.2, Hölder's inequality, (3.11) and (3.12), we have

$$\begin{aligned} \delta \sum_{t=1}^T |u_1(t)|^{p/2} - \beta T &\leq \sum_{t=1}^T F(t, u_1(t)) \leq \sum_{t=1}^T [F(t, 0) + (\nabla F(t, u_1(t)), u_1(t))] \\ &\leq \gamma T - \sum_{t=1}^T (\alpha \Delta u_2(t), u_1(t)) = \gamma T - \sum_{t=1}^T (\alpha \Delta u_2(t), \tilde{u}_1(t)) \\ &\leq \gamma T + \alpha \left( \sum_{t=1}^T |\tilde{u}_1(t)|^p \right)^{1/p} \left( \sum_{t=1}^T |\Delta u_2(t)|^q \right)^{1/q} \\ &\leq \gamma T + \alpha C(q, p) \|\Delta u_1\|_p \|\Delta u_2\|_q \leq \gamma T + \alpha^q C(q, p) B^{1/p} D^{1/q}. \end{aligned}$$

So, we get

$$\sum_{t=1}^T |u_1(t)|^{p/2} \leq \frac{(\gamma + \beta)T}{\delta} + \frac{\alpha^q C(q, p) B^{1/p} D^{1/q}}{\delta}.$$

It follows that (3.7) holds. The proof is complete.  $\blacksquare$

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